**STUDY PLAN**

Week 1

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **8am-9am** |  | Assets:  FAR Video | Assets:  CR Video | Assets: Questions | Revenue:  FAR Video | Revenue:  Questions | Catch up  Recap  Workbook |
| **9am-12pm** | WORK | WORK | WORK | WORK | WORK |
| **12-1pm** | LUNCH | GYM | LUNCH  Assets: Video | LUNCH | LUNCH | LUNCH | LUNCH |
| **1-3.30pm** | WORK | WORK | WORK | WORK | WORK | Revenue:  Questions |  |
| **4-5.30pm** | WORK | WORK | WORK | WORK | WORK | GYM |  |
| **6-7.30pm** | AA: Recap | Assets:  FAR Video | Assets: Questions | GYM | Revenue:  CR Video | Provisions:  FAR Video |  |
| **7.30pm+** | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX |

Week 2

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **8am-9am** |  |  |  |  |  |  | Catch up  Recap  Workbook |
| **9am-12pm** | WORK | WORK | WORK | WORK | WORK |
| **12-1pm** | LUNCH | GYM | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| **1-3.30pm** | WORK | WORK | WORK | WORK | WORK |  |  |
| **4-5.30pm** | WORK | WORK | WORK | WORK | WORK | GYM |  |
| **6-7.30pm** |  |  |  | GYM |  |  |  |
| **7.30pm+** | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX | DINNER  RELAX |